

## Forklift Training Program Kitchener

Forklift Training Program Kitchener - Lift trucks are occasionally referred to as lift trucks, jitneys or hi los. These powered industrial trucks are used widely these days. Department stores utilized forklifts in order to unload merchandise from trailers. Warehouses need them for tiering merchandise. And grocery stores use small models to drop supplies in the aisles. Whether loading material at a construction site or transporting lumber at a sawmill, operators of forklifts must be correctly trained and certified. The priority must be on the safety of the pedestrian and worker. This forklift training program teaches the health and safety rules governing forklifts to be able to ensure their safe and efficient use.

### Forklift Training Program Safety Guidelines:

Forklift training programs are designed to ensure that the operator can control the forklift safely in traveling, lifting and tilting. Only qualified operators should operate a forklift.

Safety tips while traveling - head, hands, arms, feet and legs must be kept inside the forklift truck during traveling. The forks must be low to the ground and tilted back. Observe traffic signs which are posted. Reduce speed and sound the horn if taking a corner. If the vision of the driver is blocked by the load, slowly drive in reverse. Pre-check the ground for potential dangers, like oily or wet spots, objects, holes, rough patches, people and vehicles. Avoid stopping suddenly.

If pedestrians pass across the vehicle or moves into a blind spot, the forklift should be stopped, the load lowered, waiting until the way is clear. If a load is being transported on an incline, the forks should be pointed downhill without a load and uphill with a load. The lift truck must only be turned around if on level ground.

Safety guidelines while steering - Never turn the steering wheel sharply when traveling fast. Turn utilizing the rear wheels and support the load by the front wheels. A truck which is overloaded will be difficult to steer. Adhere to load limitations. Never add a counterweight as a way to improve steering.

Safety guidelines while loading - Adhere to the recommended capacity and load limitations of the lift truck. This information is displayed on the data plate. Always ensure that the load is placed according to the suggested load centre. The forklift would remain steady as long as the load is kept close to the front wheels.

The mast of the forklift must be in an upright position before inserting the fork into a pallet. Prior to inserting the fork, level it.